

St Patrick's College Jaffna Old Boys Association

Melbourne, Australia

Established 1992

P.O.Box 551, Rosanna, Vic 3084



Website: www.spcaustralia.com

Email: secretary@spcaustralia.com

Newsletter 42

Facebook: www.facebook.com/spcobamel

September 2022



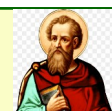
Our Objectives

Socialise and share the Patrician spirit with benevolence.

Support our Alma Mater in meaningful ways.

Fide et Labore
Faith and Labour

"I can do everything through him who gives me strength." – St. Paul



30th Anniversary Special Issue

Message from the President

Dear Fellow Patricians

It gives me great pleasure and excitement to reach my fellow Patricians through this newsletter again.

After a couple of years of interruptions to our regular activities, and number of stops, starts and cancellations, it appears that we are able to put the pandemic behind us in time for our association's another milestone year celebrations.

As usual, the first event in the Patrician calendar was Family Fun Day on the 26th of January; unfortunately, we had to cancel this in the interest of our members' health and safety due to Covid numbers going up at that time. Instead, we had a zoom meeting with Fr. Rector and our members, in which he provided an update on the college activities, and the members had the opportunity to connect with one another as we usually do on Australia Day.

The AGM was held on the 17th of March on zoom and it was well attended. St. Patricks Day Celebrations were held at St. Clare Church, Box Hill North, on 26th March. The Holy Mass was concelebrated by Fr. Punithakumar and Fr. Yogarajah, followed by an evening of gathering. I was delighted to see many Patricians after a long pause; we all had a great time together.

The next big event is the Patrician Nite and it is planned for the 19th of November. The Committee is busy with all the necessary arrangements to make this event a memorable one for our members.

Fr. Rector Thirumahan has accepted our invitation to be part of our 30th-year celebrations. We are very excited and eagerly waiting for this event, having cancelled it for the last two years due to Covid.

As communicated earlier, to mark this yet another milestone year of our OBA, our association is providing the necessary equipment for the Engineering Technology Laboratory. This is in line with our objective of supporting our Alma Mater in meaningful ways, and will immensely help the students to complete their practical studies in the college rather than having to visit other schools in Jaffna for their practicals. The initial plan was to send the funds to the college so that they can procure the items in Sri Lanka. (Continued on page 2)

Office Bearers and Committee Members 2022-23

President - Noel Rajiv

Vice President - Jenith Jesuthasan

Secretary - Berchmans Tennakone

Assist. Secretary - Parthiban Vivekanandan

Treasurer - Richman Mangalanayagam

Committee Members:

Anandarajan James, Angelo Fernando, Chrysostom Gunanayagam, Fredy James, Dr Hutchinson Thurairajah, Jeevaranjan Fernando, Jeyandra Antonipillai, Philip Ravindraraaj, Raj Lingham, Dr Sanjeev Alfred and William Nimalraj.

Support Group:

Antony Gratian, Dr Florentine Singarayar, James Joseph and Patrick Rajaratnam.

Patrician Nite 2022 will be held on Saturday, 19th November.
See flyer on page 7

Message from the President (Continued from Page1)

However, due to the economic crunch and the foreign currency crisis, the Rector has requested that we source the items from Australia and ship them to the college. As there are closer to 70 items, it was a very involving effort by many committee members. So far we have sourced 70% of the items; the rest are to be finalised and shipped in the next few weeks. This worthy project would not have been possible without the generous contribution and support from our members and well-wishers. We are certain that this will assist the engineering stream students with their practical studies in a big way and future prospects of employment in the related fields.

As the Patrician Nite is closing on us, our committee members will reach out to you to secure the tickets. This would be a great occasion for all Patricians to reflect and celebrate the 30-year milestone of our association and make up for the missed opportunities of camaraderie over the last couple of years. We are expecting a big turnout and look forward to catching up and celebrating with the Patrician spirit!

I wish all our members good health and happiness. Take care and God Bless.

Noel Rajiv

President

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\$75 | ADULT (ABOVE 12)

LIVE BAND AND DJ
(AUNDRE WITH URBAN CREED)

BUFFET DINNER
(MKS SPICES'N THINGS)

DANCE
(AS LONG AS YOU CAN)

WINE AND SPIRITS
(DRINK RESPONSIBLY)

ST PATRICK'S COLLEGE JAFFNA, MELBOURNE OBA
30TH ANNIVERSARY
Patrician Nite 2022
SATURDAY - NOVEMBER 19, 2022 (6.30 PM ONWARDS)
HUNGARIAN COMMUNITY CENTRE
760 BORONIA ROAD, WANTIRNA, VIC 3152
DRESS CODE: SMART CASUAL THEME: BROWN & GOLD

C
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D

\$25 | CHILD (5 - 12)

LIVE BAND AND DJ
(AUNDRE WITH URBAN CREED)

BUFFET DINNER
(MKS SPICES'N THINGS)

DANCE
(AS LONG AS YOU CAN)

ENTERTAINMENT
(ENJOY AS A GROUP)

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BACK PAGE

BUYING OR SELLING YOUR PROPERTY?




OBrien Real Estate

0405 187 502

Contact our own Patrician DEEP SHAN

Help us if you can!

Dear Patricians

As you are aware, Melbourne OBA is helping to equip the Engineering Technology Lab which can help many students with their practical classes. The Engineering stream, which forms part of the Technology Lab of the College, provides the knowledge to those students prepare them for rigorous employment standards, learn trading qualifications and obtain certificates which would provide them with better employment opportunities. After careful review and understanding of the long-term benefits to the students, Melbourne OBA decided to support this project. Our target amount is \$16,000.

We are humbly requesting you to support this worthy cause as you have supported us in the past.

At this juncture, we would like to acknowledge and thank the following sponsors for their generosity. We have received a total sum of \$12,200 as of 30 September 2022.

Doreen Total Health Care Clinic (Dr Keith Abraham)
MKS Spices'n Things (Vijay Balendra)
Anandarajan James
Ceylon Express Money Transfer (Osman Mariampillai)
Dr Darios Jerome
Dr Pratheepan Parameswaran
Florentine Singarayer
Fredy James
Jans Property Group (Rajan Vijayarajan)
Jeevaranjan Fernando
Johnson Balendren Thambipillai
Landmark Computers
Noel Rajiv
Perpetua Money Transfer (Reuben Marianayagam)
Philip Ravindraraaj
Wallan General Practice (Dr Hutchinson Thurairajah)
William Nimalraj
Berchmans Tennakone
Burjen Pty Ltd (Jenith Jesuthasan)
William Sugantharaj
William Anandaraj
Antony Gratian
Ray White (Jules Watts)
Dr Bruno Jesuthasan
Nimal Augustine
Basil Thanenthiran

Your contribution can be made directly to our OBA Account. Details as follows:

Bank: CBA Name of Account: Jaffna St. Patrick's College Old Boys Association
BSB No: 063 000 Account No: 1152 0575

Thanks

Berchmans Tennakone

Secretary, SPC Jaffna OBA, Melbourne

St. Patrick's Day celebration and AGM — 26 March, 2022

St Clare Church, Box Hill North



Let us pray for one another

O shelter me, O shelter me: the way ahead is dark and difficult to see

... All will be well if only you will shelter me.

In Australia, mandatory COVID isolation periods to end from October 14, and the chief medical officer says it marks the likely end of the emergency pandemic response. He, however, stressed "It does not in any way suggest that the pandemic is finished." The Australian Medical Association (AMA) is of the view that now was not the time to be ending mandatory isolation requirements for COVID-19 cases. "We're seeing overseas a huge upswing in the number of COVID cases again. We're coming into holiday season where people will be travelling around the world. We think it is a period of significant risk and we're urging caution," AMA president Steve Robson said.

"Shelter Me" is a hymn by Fr Michael Joncas, recorded during Sunday Mass on May 3, 2020, at St. Joseph University Parish Chapel in Buffalo, NY, USA. Paraphrasing Psalm 23, Fr Joncas adapts the psalmist's sentiments to bring comfort and hope during the COVID-19 pandemic.

While most of us, our families and friends have been spared from this devastating pandemic, let us join in singing this beautiful hymn, performed by Spiritu, in thanksgiving and praise to God for his love and mercy.

<https://www.youtube.com/watch?v=iTr8ope2KBE>

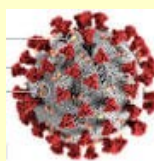
**Shepherd and sheep, my God and I:
to fresh green fields you led my steps in days gone by.
You gave me rest by quiet springs
and filled my soul with peace your loving presence brings.**



*O shelter me, O shelter me:
the way ahead is dark and difficult to see.
O shelter me, O shelter me:
all will be well if only you will shelter me.*



**Yet now I tread a different way;
death dogs my path with stealthy steps from day to day.
I cannot find your peaceful place
but dwell in dreary darkness, longing for your face.**



REFRAIN

**I will look back in days to come
and realize your faithfulness has led me home.
Within your house I'll find my peace,
Trusting that in your mercy you have sheltered me.**

With most countries around the world are facing unprecedented economic crises, inflationary pressures and so on, Australia still remains one of the only nine AAA rated countries by all three main credit rating agencies. Meaning it can withstand the large widening in the government's budget deficit. Not even the USA or Canada is in such an enviable position.

**For all these, God our Father, we thank you.
Have mercy on those who are still suffering from COVID, mental health issues, loss of employment and loneliness. Console those who reel from the sudden loss of their loved ones and those who seek refuge in other countries.**

Antony Gratian
Editor

மனதை அமைதிப் படுத்தும் ஏழு சிறந்த வழிகள்.

1) உளமாற மன்னியுங்கள்.

உங்களை சங்கடப் படுத்தியவர்களை, உங்களுக்கு துரோகம் இழைத்தவர்களை, மனதிலே சுமந்து கொண்டு அலையாதீர்கள். அவர்களை மன்னித்து விடுங்கள். அதுவே அவர்களுக்கான தண்டனை. அதற்காக மீண்டும் அவர்களிடம் நட்பு பாராட்ட வேண்டியது அவசியமில்லை. நீங்கள் செய்வது உங்கள் மனதை சுத்தப்படுத்தும் வழி மட்டுமே. இப்படி நீங்கள் மன்னிக்க ஏற்றுக்கொண்டால், நீங்கள் பலவீனமானவர் என்று அர்த்தம் அல்ல. உங்களுக்கு செய்ய வேண்டிய வேலைகள் பல உள்ளது, இப்படி பகைமை சுமந்து கொண்டு, மனதை அலட்டிக் கொள்ள வேண்டாம் என உறுதி கொள்ளுங்கள்.



2) மனதார மன்னிப்புக் கேளுங்கள்.

தெரிந்தோ தெரியாமலோ நம்மால் யாராவது எந்த வகையிலாவது பாதிக்கப்பட்டு இருந்தால், மனதார மன்னிப்புக் கேளுங்கள். மீண்டும் அந்த தவறை செய்யக்கூடாது என உறுதி கொள்ளுங்கள்.

3) நன்றி கூறுங்கள்.

இந்த தாய் தந்தையை, உற்றார் உறவினர்களை, மனைவி, கணவன் குழந்தைகளை, சுற்றமும் நட்புகளையும், இந்த இடத்தையும் சமூகத்தையும், அறிவும் ஆற்றலும், உடலும் ஆரோக்கியமும், தொழிலும் சம்பாத்தியமும், வசதி வாய்ப்புகளையும் தந்தமைக்கு மனமார்ந்த நன்றியை நித்தமும் கூற மறவாதீர்கள்.

4) இயற்கையை போற்றுங்கள்.

பருவம், காலம், உயிரினங்கள், மரம் செடி கொடிகள் என இயற்கை அளித்துள்ள அனைத்தையும் இரசித்து போற்றுங்கள். ஓர் அணு முதல் பல்லாயிரக் கணக்கான அணுக்களின் கலவையில் உருவாக்கப்பட்டுள்ள படைப்புகளின் பிரம்மாண்டத்தைக் கண்டு மகிழுங்கள். இவைகள் எல்லாம் உங்களைச் சுற்றி தங்களது விதிப்படி வாழ்ந்து கொண்டு உள்ளன என அறிந்து அவைகளைப் போற்றி அன்பு செலுத்துங்கள்.

5) உங்களுக்கான நேரத்தை ஒதுக்குங்கள்.

தினமும் உங்கள் வசதிக்கு ஏற்ப உங்களுக்கான நேரத்தை ஒதுக்குங்கள். இந்த நேரத்தில், நீங்கள் உங்களை சீர்தூக்கி ஆராய்ந்து உங்கள் செயல்பாடுகளை பார்வையிடுங்கள். எதையும் நியாயப்படுத்தவோ, காரணா காரியங்களை விளக்கவோ முயற்சிக்க வேண்டாம். இதுவரை நீங்கள் கடந்து வந்த பாதையை திரும்பிப் பாருங்கள். நீங்கள் எப்படிப் பட்டவர் என்பதை இந்த காலம்தான் சொல்ல வேண்டும். உங்களுக்கு நீங்கள் உண்மையானவராக இருந்தால் பாதை நிச்சயம் தெளிவு பெறும்.

6) உணவுப் பழக்கத்தை மாற்றுங்கள்.

முடிந்த மட்டும் ஆரோக்கியமான இயற்கை உணவு வகைகளை தேர்வு செய்யுங்கள். பசிக்கு மட்டுமே உணவு என்பதில் உறுதியாக இருங்கள். நாம் உண்ணும் உணவிற்கும் நமது எண்ணங்களுக்கும் தொடர்பு உள்ளது. விரதமும் புரதமும் ஆரோக்கியமே.

7) நம்பிக்கையுடன் ஏற்றுக்கொள்ளுங்கள்.

மனிதனை இவ்வுலகில் வாழ வைப்பதும் வழிநடத்துவதும் அவனது நம்பிக்கையே. நடந்ததும், நடப்பதும், நடக்கப் போவதும் என எல்லாம் நம்பிக்கை சார்ந்தது. இதை எந்த அளவிற்கு நீங்கள் ஏற்றுக் கொள்கின்றீர்களோ அந்த அளவிற்கு உங்களது மனது பக்குவப்படும். எதையும் எதிர்க் எதிர்க்கத்தான் அது முரண்டு பிடித்து வலுப்படுத்திக் கொள்ளும். ஏற்றுக் கொண்டுவிட்டால் அது தானாக அடங்கி விடும். முதலில் இது சிரமமானதாக இருந்தாலும், உங்களது உறுதியை பொறுத்து, சிறிது நாட்களில் அது தனக்கான வழியை அதுவே வகுத்துக் கொண்டு, எண்ண ஓட்டங்கள் அமைதிபெறத் தொடங்கும். இதுவே உங்கள் வாழ்க்கைமுறையாக மாறிவிடும். பின்னர் நீங்களே வியக்கும் அளவுக்கு எல்லாம் சாதாரணமாக, இன்பமயமாக இருப்பதை உணர்வீர்கள்.

நன்றி.

ST PATRICK'S COLLEGE JAFFNA, MELBOURNE OBA

· Presents

30th Anniversary

Patrician Nite 2022

Chief Guest

Rev Fr Rector A. P. Thirumahan

Hungarian Community Centre.
760 Boronia Road, Wantirna 3152

Saturday, November 19, 2022 6.30 pm

Children's Entertainment
Live Band and DJ (Aundre with urban creed)
Buffet Dinner (MKS Spices'n Things)
Beer, Wine and Spirits



The logo features a shield with four quadrants: red with a white cross, green with a white cross, yellow with a red cross, and blue with a white cross. Above the shield is a banner with the motto 'FIDE ET LABORE'. Below the shield is another banner with 'ST. PATRICK'S COLLEGE'. The shield is surrounded by a laurel wreath.

All are welcome.

Contact Committee Members for Tickets



How to Stay Cool (Without an Air Conditioner)



NAP during the hottest parts of the day.



Wear a **WET SCARF** or **towel** around your head or neck.



Get a **SWAMP COOLER**. It cools the air with evaporated water.



HANG DAMP CURTAINS to cool down the incoming **BREEZE**



HYDRATE with water and juice



Dr. Gulrez Shah Azhar is a Seattle-based Aspen New Voices fellow who is researching the health impacts of heat.

In Uttar Pradesh, India, where I grew up, temperatures can soar as high as 120 degrees in May and June. But very few people have access to an air conditioner. With a per capita income of around a \$1,000 a year, many people in this part of the country can't afford to buy an A/C unit or pay the power bills that come with using one.

So how do people keep cool?

https://www.npr.org/sections/goatsandsoda/2022/08/02/1114354904/opinion-life-hacks-from-india-on-how-to-stay-cool-without-an-air-conditioner?utm_source=pocket_collection_story

I'm 21. My dad thinks it's okay to just give me a room and nothing else, not even food. What should I do?

A 20-year-old answered as follows:

It's better than most parents who just kick you out at 18 or sometimes even 16 like what happened to my mother.

I'm in the same position but I'm looking for a job as we speak, it's a long story but suffice to say there isn't any work in my area. My parents know this because my stepfather is gone three weeks working in another state. My grandmother, an experienced saleswoman couldn't even find work here so she had to move to the capital.

I'm saying this so as not to sound like a hypocrite because I am in a similar position, but I'm moving forward with my goals and going to college here soon; which is what me and my parents agreed on. I guess try to come to a compromise if you can't find work or have no money. Any decent parent would understand, and negotiating compromises is a key life skill. When I have (Or have had sustainable jobs) the money, I pay my parents at least \$300 in rent for my room. Beyond that, check out people who write financial books such as Dave Ramsey, getting a good sense of finances and how to manage your money is key these days. Usually my at the end of the month bills would include rent (\$300), and food (\$80–\$100 per month) for myself. That's not including phone payments or car insurance (Usually an extra \$140–\$150). I would also put 10% of my monthly pay cheque into savings, and leave 20% for unexpected expenses (usually dividing that up in half for entertainment and such.). Factor all of your expenses into consideration when you start working, because you will have to. Get a savings fund going for emergencies (Usually at minimum \$500, but **Dave Ramsey** suggests \$1,000 or six months' worth of bills, which is really good advice.). I'm a year younger than you so I know you can do it, don't be afraid, and educate yourself so that you're confident in your financial choices. Morally, the right thing to do would be to pay your parents rent money for that room on top of buying yourself your own food and paying for your own bills. Set standards for yourself, otherwise you'll always be prone to failure. Buy a budget book, they're \$20 dollars on Amazon and a really useful tool for helping you manage your finances.

Keep in mind, \$300 dollars in rent is infinitely better than \$600–800 in some cases. **Don't take what you have for granted.**

Another one answered:

Get a job...

You are 21. What exactly is it you think your parents should provide you? You have graduated high school or are at least old enough that you should have. You should be working a full time job or at the very least a part time job and going to college full time.

So if you have an income or there is nothing to prevent you from having an income why would your dad or mom for that matter provide you with anything, let alone a room? Being that you do have a room provided for you I think the answer to your question is to THANK your father for continuing to provide a roof over your head even though you are an adult and have the ability to provide for yourself.

Let's be realistic. You should have your own place and be responsible for your own bill at this point in your life. You are 21.

<https://www.quora.com/I-m-21-My-dad-thinks-it-s-okay-to-just-give-me-a-room-and-nothing-else-not-even-food-What-should-I-do>

You may also be interested in:

The Truth About Dave Ramsey's Baby Steps: Do they work?

<https://www.debt.org/advice/the-truth-about-dave-ramseys-baby-steps-do-they-work/>

இங்கிலீஸ் படிப்போமா?

What Is The Difference Between “Heading To” And “Heading For”?

“Heading to” is used when we want to specify a destination. It means we’re traveling to something in particular and not stopping or diverting our route for any reason. Examples:

I’m heading to the airport as soon as you’re ready.

We’re heading to the castle at the top of this hill.

She’s heading to the principal’s office now.

“Heading for” is used when we have a destination in mind, but don’t mind if we are diverted or visit extra places before we inevitably reach it. Examples:

We’re heading for the market in just a minute if you want to come with us?

I’m heading for the airport but might stop for food on the way.

I’m heading for somewhere in the north, though I don’t really mind where I stop.

<https://grammarhow.com/heading-to-vs-heading-for/>

Why are Pencils Yellow: The True Story Behind the Yellow Pencil



During the 1800s, the best graphite in the world came from China. American pencil makers wanted a special way to tell people that their pencils contained Chinese graphite.

In China, the color yellow is associated with royalty and respect. American pencil manufacturers began painting their pencils bright yellow to communicate this “regal” feeling and association with China. However, according to Henry Petroski’s history of the pencil, the European producer Koh-I-Noor was the first to introduce a yellow pencil.

The rest, as they say, is history. Today, a majority of basic hexagonal graphite writing pencils sold in the United States are painted yellow and what was once perceived as “regal” has now become “common”. For more information on this topic visit WoodChuck’s Timberlines blog post [The Myth of the Yellow Pencil](#).

Why do pencils have pink erasers?

The first pink [standalone pencil eraser](#) made its debut in 1916, but why was this helpful tool ever pink in the first place?

The truth behind the iconic choice [has to do with materials](#). Old school erasers were made with a mix of rubber and pumice, the pumice element being necessary to cause enough friction for the pencil marks to actually erase.

The colour of the erasers at that time would have been based on the colour of the pumice used in the recipe. Most pumice was white or red, but at one point the Eberhard Faber Pencil

Company sourced pink pumice and plopped it atop their pencils.

The colour proved popular with consumers, which led to the aforementioned 1916 pink eraser known as the ‘Pink Pearl.’

Pink Pearls are actually still being made today, only now they are produced under the Paper Mate brand.

Interestingly enough, pumice is no longer used in erasers, nor is natural rubber, so the only thing that’s really stuck in these bad boys is [the colour](#).

<https://theculturetrip.com/north-america/usa/articles/this-is-the-real-reason-why-erasers-are-pink/>



TikTok is “unacceptable security risk” and should be removed from app stores, says FCC

Posted: July 5, 2022 by [Jovi Umawing](#)

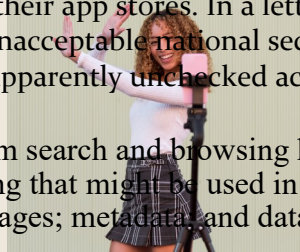
Brendan Carr, the commissioner of the FCC (Federal Communications Commission), called on the CEOs of Apple and Google to remove [TikTok](#) from their app stores. In a letter dated June 24, 2022, Carr told [Tim Cook and Sundar Pichai](#) that “TikTok poses an unacceptable national security risk due to its extensive data harvesting being combined with Beijing’s apparently unchecked access to that sensitive data.”

Excessive data collection

TikTok is said to collect “everything”, from search and browsing histories; keystroke patterns; biometric identifiers—including faceprints, something that might be used in “unrelated facial recognition technology”, and voiceprints—location data; draft messages; metadata; and data stored on the clipboard, including text, images, and videos.

Carr cited several incidents as evidence that TikTok has been dodgy about its data collection practices.

https://blog.malwarebytes.com/privacy-2/2022/07/tiktok-is-unacceptable-security-risk-and-should-be-removed-from-app-stores-says-fcc/?utm_source=blueshift&utm_medium=email&utm_campaign=b2c_pro_oth_b2c_newsletter_2022_july_issue2



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