

St Patrick's College Jaffna Old Boys Association

Melbourne, Australia

Established 1992

P.O.Box 551, Rosanna, Vic 3084



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Email: secretary@spcaustralia.com

Newsletter 33

Facebook: www.facebook.com/spcobamel

March 2018



Our Objectives

Socialise and share the Patrician spirit with benevolence.

Support our Alma Mater in meaningful ways.



"Choice, not chance, determines your destiny."

- Aristotle



Message from the Secretary

Dear Patricians

It is a pleasure to reach you once again via this edition of our newsletter.

As you may already aware that we have stopped sending printed version of newsletter, it made our life very easy in fact. We not only just support to greener environment but also were able to reduce the amount of effort we had to put in and, of course, the expenses. Thank you very much for your cooperation and if you come across any who still want to have the printed version, please help them by taking a printout. Needless to say that you may find all past newsletters from our website <http://www.spcaustralia.com/newsletters> Click on the edition number (as shown below) to download the respective newsletter.

Year	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
2018	N: 32											
2017			N: 30						N: 31			

I can't imagine how quickly the silver jubilee year 2017 passed by. I remember organizing the silver jubilee St. Patrick's Day in a grand manner but the time has already come for 2018 St. Patrick's Day, 12 months has passed in a flash! Once again, I would like to congratulate and thank all those who directly or indirectly involved in making the silver jubilee year a memorable one. Team spirit and hard work always works. When you have time visit our photo gallery page which has almost all the events since the inception <https://www.flickr.com/photos/spcobamel/albums>

As we communicated earlier this year we had to cancel the Australia day – family fun day, some of you may have felt upset, we are very sorry about it. We had very valid reasons to cancel but that was not an excuse though. We had our friendly "battle of old golds" on February 4th 2018 and of course we won the match – it has become a habit now!

We had good number of attendees and it was indeed great fun. We would like to continue this if time and resources permit.

We will be having our St. Patrick's Day mass, AGM and dinner on Saturday 17th March. You may find all the details in this newsletter. Please excuse me this year as I will be attending St. Patrick's Day mass at our own school chapel along with others and especially with some of my classmates. I am very excited to meet them after almost 3 decades. In my absence, our assistant Secretary Rukshan Theophilus will be in charge. Thank you very much Rukshan.

Wish you all happy St. Patrick's Day 2018. Have great fun.

Thank you very much.

Berchmans Tennakone

Office Bearers and Committee Members for 2017-18

William Nimalraj - President Jeyandra Antonipillai - Vice President

Berchmans Tennakone - Secretary.

Rukshan Theophilus - Assist. Secretary

Noel Rajiv - Treasurer

Patrick Rajaratnam - Assist. Treasurer

Anandarajan James - Social and Events Secretary

Committee Members:

Dr Sanjeev Alfred, Anton Newton, Dr. Anton Mariampillai, Basil Patrick, Edward Arulnesathasan, Guanaratnam Arulanantham, Francis Manoraj Isidore, James Premanandarajah, Jenith Jesuthasan, Jerad Jogaratnam, Joseph Vijayaratham, Reg Cherubim, Parthiban Vivekanandan and William Rajendram

Advisory and Support Panel:

Alfred Reynald, Anton Newton, Dr. Anton Mariampillai, Basil Patrick, Edward Arulnesathasan, Guanaratnam Arulanantham, Francis Manoraj Isidore, James Premanandarajah, Jenith Jesuthasan, Jerad Jogaratnam, Joseph Vijayaratham, Reg Cherubim, Parthiban Vivekanandan and William Rajendram

Next Function — St. Patrick's Day celebrations and AGM — March 17, 2018

At St. Paschal's Church and Hall, Box Hill



**Rev. Fr. Thirumahan signing on the Letter of Acceptance
at the Altar of St. Mary's Cathedral, Jaffna.**



New Rector Fr. Thirumahan takes charge of St. Patrick's



*OBA Melbourne wishes Fr. Thirumahan every success in taking
the College to greater heights.*

Extreme frugality allowed me to retire at 32 and regain control of my life

Elizabeth Willard Thames abandoned a successful career in the city and embraced frugality to create a more meaningful life. It enabled her to retire at 32 with her family to a homestead in the Vermont woods.

Extracts

My husband, Nate, and I are not exceptional people. We're not rich or famous or geniuses or even particularly good-looking (although we have our moments). We're just some average, middle-class kids from the Midwest who decided we wanted something more out of life than what our consumer culture sells us.

Both of our parents had college educations, had good careers, owned homes, and were in happy, financially stable marriages before we were even conceived. All of these privileges wove themselves together to form the basis for happy, warm, well-educated, well-cared-for childhoods. But we realized that as adults we were trying to buy our way to happiness. In order to achieve deep fulfilment and lasting contentment, we had to restructure how we lived, what we spent our money on, and how we used our time.

Back in March 2014, on day one of this journey, I'd seen frugality as the necessary means to our end. We would spend money only on the fundamentals of life, the very basest items to get us by (food, our mortgage, gas for the car, electricity, an internet connection, toilet paper, and the like). But what I hadn't anticipated was that frugality would become an end in and of itself. After a year of living as modestly as possible, Nate and I began to feel like we'd unlocked a map that led us out of our previous maze of mindless consumption.

Nate and I began to uncover far-reaching advantages to frugality that outstripped the mechanics of spending less cash and growing our net worth. We'd started out with an urgency around saving money, but it evolved to be about much more than that. It became a wholesale lifestyle transformation.

The satisfaction we derived from painting our own kitchen cabinets was the first tertiary benefit to frugality we discovered, and the second was close behind: doing this project together brought us closer in our marriage. For the first time since a group paper for our international elections course in college, Nate and I were team-mates on projects with tangible results.

Our modern culture has largely done away with the idea that a marriage – or a civil union or a partnership – is a working relationship, and instead touts the money-focused solution of “Don’t fight, hire out!” The answer to our hectic, frenzied, compulsive lives isn’t to simplify, it’s to pay other people to do stuff for us so that we can pile ever more on our already gluttonous to-do plates.

It’s very hard to craft a satisfying life with another person when you’re not in agreement over how to spend your two most precious resources: your time and your money. In contrast, the communication and problem-solving that’s required for frugal in-sourcing is by far one of the most profound experiences we’ve had in our marriage.

Collaborating on repainting our kitchen cabinets was the first of many projects that allowed me to see Nate’s skills shine, and brought a new level of respect to our relationship. We’d compliment each other on a job well done, we’d help each other on complex elements of a project, and I noticed that we started saying “please” and “thank you” to each other in the course of our daily routine. I began to recognize all the work that Nate put into our household and he did the same for me.

As we expanded our repertoire of frugal in-sourcing, we also learned new skills we’d be able to use long into the future. From that one kitchen project, we were empowered to teach ourselves how to do everything from plumbing to haircuts. And we did. Gratitude and respect began to infuse our interactions. It’s easy to discount your partner’s contributions until you’re standing side by side in the kitchen, watching them chop vegetables for forty-five minutes just to cook you up a stir-fry you love for dinner.

Frugality frees you from the day-to-day anguish of managing a rigid budget. ... allow frugality to sculpt the life you crave. [To read the full article visit https://www.theguardian.com/money/2018/mar/08/how-to-retire-early-frugal-spending?utm_source=pocket&utm_medium=email&utm_campaign=pockethits]

Notice Board



Friendly Reminder

We call on the nearly 100 plus Patricians in Victoria who haven't paid or renewed their membership to kindly do so this year.

Annual subscription: ONLY



Contact Treasurer Noel Rajiv on: **0421839197**

TOGETHER

WE CAN ACHIEVE
GREATER THINGS

Hello Patricians,

Our next event will be the celebration of St Patrick's Day followed by the AGM.

Venue for celebrations – St Paschal's Church and Hall

Date: Saturday March 17, 2018

Time: 5.30 pm

Holy Mass will be celebrated by Rev Fr Anthony Gnanapragasam followed by the 26th Annual General Meeting of the St Patrick's College Jaffna OBA, Melbourne, and traditional string hopper dinner.

Cost (to pay for hall hire and food, etc) – \$10 per head

Agenda for AGM:

- Opening Prayer and Singing "Alma Mater"
- Minutes of the last AGM held on February 12, 2017 – Rukshan Theophilus
- Presentation of financial statement for 2017/18 Patrician year – Noel Rajiv
- President's address
- Any other business
- Election of Office Bearers and Committee for 2018/19 year

The following members have volunteered to serve as Office Bearers and/or in the Committee for the 2018/19 year:

William Nimalraj – President

Jeyandra Antonipillai – Vice president

Berchmans Tennakone – Secretary

Rukshan Theophilus – Asst. Secretary

Noel Rajiv – Treasurer

Richman Mangalanayagam – Asst. Treasurer

Committee:

Anandarajan James

Angelo Fernando

Jeevaranjan fernando

Philip Ravindraraj

Dr Sanjeev Alfred

Dr Florentine Singarayar

Any other member who would like to serve as Office Bearer or in the Committee can be nominated at the AGM.

We invite all Patricians to attend and take part in this annual function.